



STIRRUPS 'N STRIDES COVID-19 SAFETY GUIDELINES

- Everyone coming on the grounds will be screened prior to entering the facility including a temperature check, screening questions, and signed COVID-19 Acknowledgement of Risk.
- The Community Room and stable area is “closed” to family/spectators. Some seating will be provided on the arena perimeter or bring a lawn chair.
- The bathroom is available only if necessary. Please wash hands thoroughly and use disinfectant.
- Please bring your own water/beverage.
- Horses will be tacked by the volunteers/instructors and ready to go for each class.
- Riders should **arrive on time** for their class. If possible, please leave anyone else at home or in the car. This is important to maintain new staggered schedules and keep the people traffic flow to a minimum.
- We encourage family members/caregivers who are able to volunteer to be your rider’s leader or side walker. We can train you.
- All instructors/volunteers/riders must wear a mask while in close contact, particularly when mounting and dismounting. Once riders are on horseback and in the arenas, it is at your discretion whether to wear your mask.
- Social distancing (6 feet apart) will be observed and practiced indoors and outdoors at Stirrups ‘n Strides. It is highly recommended for the safety of all that you wear a mask.
- After each ride, the student will dismount, give carrots and leave immediately after. There will be no grooming or caring for their horses for now.
- Please, **if you are not feeling well** (ie. cold, sore throat, possible flu symptoms) just stay home to minimize the risk to others.

Please adhere to our guidelines and CDC guidelines to help minimize the risk for everyone. If we all follow safety guidelines we will be able to continue with these wonderful Stirrups ‘n Strides programs. *Thank you! Be safe & be well!*